

Caregivers



Are you a gay man, lesbian, bisexual, transgender or intersex person who cares for an elderly partner, friend or relative?

Are you responsible for the health and safety of someone over 60?

Do you feel overwhelmed by the stress and responsibility of care giving?

Worcester LGBT Elder Network (WLEN) can connect you to support groups and other resources to lighten the burden of care giving.

WLEN is a cooperative effort of:

Central Massachusetts Agency on Aging
*Helping You at the Crossroads
of Elder Care*
508-852-5539

www.SeniorConnection.org

LGBT Aging Project
*Advocacy, Outreach and Education
for LGBT Seniors*
617-522-1292

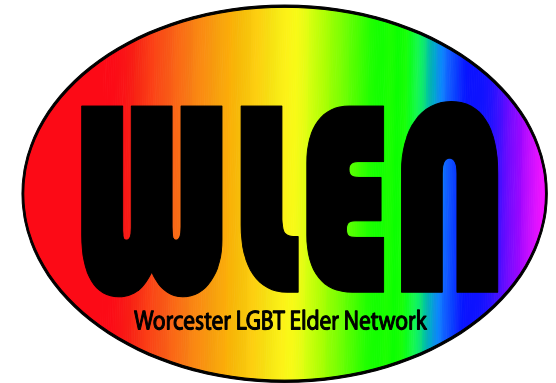
www.LgbtAgingProject.org

Elder Services of Worcester Area, Inc.
Helping You Stay at Home
800-243-5111 / 508-756-1545

www.eswa.org

Worcester Senior Center
Taking you in New Directions
508-799-1232

www.ci.worcester.ma.us/ocm/elder-affairs/senior-center



Worcester LGBT Elder Network

Mission statement:

WLEN works collaboratively to promote access to education, support, resources and social opportunities for LGBTIQA* elders and caregivers.

* Lesbian, gay, bisexual, transgender, intersex, questioning, and allies.

Contact Information:

LGBT Resource Specialist

**Elder Services of
Worcester Area, Inc.**

(800) 243-5111

(508) 756-1545

Email: wlen@eswa.org



Social Opportunities



Are you over 60 and lesbian, gay, bisexual, transgender or intersex?

Are you alone because you've lost a partner or spouse or because your friends have moved away or died?

Do you find yourself getting out of the house less and less because of physical limitations or lack of motivation?

Has your community disappeared as you have grown older?

Worcester LGBT Elder Network (WLEN) periodically sponsors social events for LGBT seniors. Enjoy new activities and meet new friends through WLEN.

Support

Are you having trouble coping with daily chores and activities?

Do you need help with personal care such as bathing, dressing or going to the bathroom?

Are you reluctant to ask for help because you are a gay man, a lesbian, a bisexual, transgender or intersex person?

Worcester LGBT Elder Network (WLEN) may be able to connect you to services that can help you regain or maintain your independence.



Education



Do you need information on long term care or alternatives that might allow you to remain in your home?

Do you have health concerns for which you need more information?

Do you find the prospect of aging as an LGBTI person daunting? Would you like more information on what to expect as you grow older?

Worcester LGBT Elder Network (WLEN) sponsors regular programs to keep elders and their caregivers informed about new developments in the field of aging.